

Gillamoor Church of England (Voluntary Controlled) Primary School

Where love is sown, grown and taken home

## **Your child will be taking part in a series of Forest School sessions**

Every Tuesday starting 26<sup>th</sup> September 2017 and running weekly until 14<sup>th</sup> Nov 2017. With the exceptions of Tues 10<sup>th</sup> Oct and Tues 24<sup>th</sup> Oct

### **Where are we going?**

We will be learning and playing outdoors in a local copse.

### **Who are we working with?**

Acorn Antics, a creative outdoor learning company, will be running the sessions.

[www.acornantics.co.uk](http://www.acornantics.co.uk).

### **What will the children be doing?**

Acorn Antics use a mixture of games and activities along with free play to encourage exploration, learning and fun in the outdoors. The children and staff will be working outside no matter what the weather, unless it is so bad it is considered unsafe to do so (please see note below regarding appropriate clothing).

The children will be introduced to a number of different activities in the woodland including having the opportunity to learn about fire safety, have a go at lighting a fire using a flint and steel and we'll be cooking up our own hot drink and tasty treats.

We will be using natural materials and have the opportunity to use a number of different bushcraft tools.

### **Safety**

Risk assessments are carried out for everything we will do, and we will also have increased staff numbers to assist with safety.

### **What to Wear**

Wellies or stout shoes

Warm socks (if appropriate thick welly/walking/skiing socks preferably)

[www.acornantics.co.uk](http://www.acornantics.co.uk)  
[schools@acornantics.co.uk](mailto:schools@acornantics.co.uk)

Jogging bottoms or thick leggings. **Please no jeans as these are very cold and heavy when wet.** Thin leggings provide very little warmth so if you only have these, we recommend you wear two pairs. Definitely no shorts or skirts.

Long sleeved t shirt (even if it's hot to help protect against insect bites)

Warm jumper (essential) and warm coat (if appropriate)

Waterproof coat (essential) and trousers (if appropriate)

Sun hat, warm hat and gloves as appropriate

**Juniors should come dressed in the above with their uniform and school shoes in a bag to change into afterwards. Infants should come to school in uniform for the morning with these clothes in a bag to change into before they go.**

### **Important Note**

Your child is likely to get muddy and wet as this is all part of the experience. We encourage the children to explore their environment and mud and water are just part of it. Do not send your child in anything you do not want them to get muddy or wet. Dressing your child as we suggest above will help ensure they get the most out of the experience as they can enjoy the sessions no matter what the wonderful British weather throws at us!

## **Consent Form for Explore, Discover and Create Session**

I consent to my child .....

taking part in the above sessions, and to the use of antihistamine cream and/or insect repellent being used on my child if it is deemed necessary by the Acorn Antics Leader .

From time to time Acorn Antics like to take photos to show others the fantastic things our visitors get up to. We do not use children's names but may reference the school or group.

I consent/do not consent to photos of my child being taken by Acorn Antics and used for marketing purposes.

My child has the following medical/allergy/food allergy issues that need to be taken into account during the sessions: .....

Signed .....

Print.....Date.....

Please return this form to school no later than Friday 22 September 2017.

[www.acornantics.co.uk](http://www.acornantics.co.uk)  
[schools@acornantics.co.uk](mailto:schools@acornantics.co.uk)