



FREE webinars for professionals, working with children and young people with sleep difficulties, in the North Yorkshire area

Book a place on one, or more, of our 60 minute webinars by the clicking the links below.

5th July | 10.00am

What teens need to know about sleep

<https://www.eventbrite.co.uk/e/159990884041>

5th July | 3.00pm

Evidence-based sleep intervention for children
with SEND

<https://www.eventbrite.co.uk/e/159991716531>

2nd August | 10.00am

Supporting children in Early Years

<https://www.eventbrite.co.uk/e/159993798759>

2nd August | 11.30am

Sleep information for staff in special school
settings

<https://www.eventbrite.co.uk/e/159992930161>

2nd August | 1.30pm

Supporting children in the primary school years

<https://www.eventbrite.co.uk/e/159994645291>

To find out more please contact us on info@thesleepcharity.org.uk



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