Autumn/Winter Menu Week 1

9th & 30th Nov, 21st Dec, 4th & 25th Jan, 15th Feb, 8th & 29th March

WEEK ONE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Pork Sausage and Bean Wholewheat Pasta Bake, Garlic Bread with Sweetcorn & Broccoli	Chicken Tikka Curry, Mixed Wholegrain and White Rice with Carrots & Peas	Minced Beef with Roast Potatoes, Yorkshire Pudding Seasonal Greens & Mixed Veg	**Wholemeal Pizza**: Margherita Pizza with Home-baked Potato Wedges, Broccoli & Sweetcorn	Battered Fish, Chips with Peas & Baked Beans
Baked Jacket Potatoes	Jacket Potato with choice of Tuna Mayonnaise Cheese Beans	Jacket Potato with choice of Tuna Mayonnaise Cheese Beans	Jacket Potato with choice of Tuna Mayonnaise Cheese Beans	Jacket Potato with choice of Tuna Mayonnaise Cheese Beans	Jacket Potato with choice of Tuna Mayonnaise Cheese Beans
Dessert	Chocolatey Cornflake Crispy Cake VG	Marble Sponge & Custard	Fruit Jelly & Fresh Fruit Slices VG	Vanilla Cookie & Fresh Fruit Slices	Ice Cream

Available Daily: Veggie Sticks, Fresh Bread, Fruit Slices & Yoghurt

Portion(s) of fruit or veg | Source of wholegrain | Contains plant-based proteins | 50% fruit | Oily fish | Vegan VG

England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards.
On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.