Autumn/Winter Menu Week 3

2nd & 23rd Nov, 14th Dec, 18th Jan, 8th Feb, 1st & 22nd March

WEEK THREE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Toad in the Hole, Mash Potatoes, Broccoli, Carrots & Gravy	Minced Beef & Onion Pie, Carrots & Garden Peas	Gammon, Roast Potatoes Mixed Vegetables, Seasonal Greens, Yorkshire Pudding & Gravy	**Wholemeal Pizza:** Margherita Pizza with Pasta Salad, Carrots & Sweetcorn	Battered Fish with Chips, Sweetcorn & Baked Beans
Baked Jacket Potatoes	Jacket Potato with choice of Tuna Mayonnaise Cheese Beans	Jacket Potato with choice of Tuna Mayonnaise Cheese Beans	Jacket Potato with choice of Tuna Mayonnaise Cheese Beans	Jacket Potato with choice of Tuna Mayonnaise Cheese Beans	Jacket Potato with choice of Tuna Mayonnaise Cheese Beans
Dessert	Flapjack Fingers	Fruit Jelly with Fresh Fruit Slices VG	Iced Sponge Cake	Chocolatey Orange Fudge Cake	Ice Cream

Available Daily: Veggie Sticks, Fresh Bread, Fruit Slices & Yoghurt

Portion(s) of fruit or veg | Source of wholegrain | Contains plant-based proteins | 50% fruit | Oily fish | Vegan VG

England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards.
On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.