

## Autumn/Winter Menu Week 2

27<sup>th</sup> Oct, 17<sup>th</sup> Nov, 8<sup>th</sup> Dec, 5<sup>th</sup> Jan, 26<sup>th</sup> Jan, 16<sup>th</sup> Feb, 9<sup>th</sup> March

WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Pork Sausage & Mash with Gravy	Red Tractor Beef Lasagne 	Roast Gammon, Gravy, Stuffing & Roast Potatoes	Wholemeal Margherita Pizza & Pasta Salad 	MSC Fish Fingers & Chips
Vegetables	Broccoli, Sweetcorn 	Broccoli, Cauliflower & Baked Beans 	Seasonal Greens & Carrots 	Sweetcorn and Sliced Carrots 	British Red Tractor Garden Peas, Baked Beans 
Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 
Dessert	Flapjack 	Apple Crumble VG & Custard 	Chocolate Mousse	Chocolate Fudge Cake	Ice Cream

Available Daily: Vegetable Sticks, Fresh Bread, Fresh Fruit Slices & Yoghurt



England's target for 'free sugar' intake for your child  
Recommended fruit and vegetable portion sizes are calculated using School Food Standards.  
On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.