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3<sup>rd</sup> Nov, 24<sup>th</sup> Nov, 15<sup>th</sup> Dec, 12<sup>th</sup> Jan, 2<sup>nd</sup> Feb, 23<sup>rd</sup> Feb, 16<sup>th</sup> March

WEEK THREE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
<b>Main Meal Option 1</b>	Beef Burger with Home-baked Potato Wedges 	Mild Chicken Curry served with Mixed Rice 	Minced Beef, Yorkshire Pudding and Gravy 	Margherita Pizza with Pasta Salad 	MSC Fish Fingers & Chips 
<b>Vegetables</b>	Sweetcorn, Baked Beans 	Broccoli & Carrots 	Seasonal Greens & Carrots 	Broccoli and Sweetcorn 	British Red Tractor Garden Peas, Baked Beans 
<b>Baked Jacket Potatoes</b>	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 
<b>Dessert</b>	Vanilla Cookie & Fruit Slices <sup>VG</sup> 	Syrup Sponge Pudding & Custard 	Iced Sponge Cake with Sprinkles 	Chocolate Oaty Slice VG 	Ice Cream 

**Available Daily: Vegetable Sticks, Fresh Bread, Fresh Fruit Slices & Yoghurt**

Portion(s) of fruit or veg		Source of wholegrain		Contains plant-based proteins		50% fruit		Oily fish		Vegan	VG
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England's target for 'free sugar' intake for your child  
Recommended fruit and vegetable portion sizes are calculated using School Food Standards.  
On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.