





Spring Summer 24 – Week One

15 Apr, 6 May, 27 May, 17 June, 8 July, 29 July, 19 August, 9 Sept, 30 Sept, 21 Oct



WEEK ONE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Wholemeal Cheese & Tomato Pizza served with Wedges 	Salmon & Tuna pasta bake with Garlic bread	Toad in the hole with Roast potatoes & Gravy	Chicken, Sweet Potato, Spinach & Chick Pea Korma (Ve) Served with Mixed Rice 	Friday Fish Fingers served with Chips & Tomato Ketchup
Jacket Potato	Jacket potato with Cheese, Beans or Tuna	Jacket potato with Cheese, Beans or Tuna	Jacket potato with Cheese, Beans or Tuna	Jacket potato with Cheese, Beans or Tuna	Jacket potato with Cheese, Beans or Tuna
Vegetables	Selection of veg sticks	Selection of veg sticks	Selection of veg sticks	Selection of veg sticks	Selection of veg sticks
Dessert	Marble Sponge & Custard	Chocolate cookie & Fruit Slices 	Strawberry Jelly	Flapjack & Fresh Watermelon Slice 	Chocolate Ice Cream

Available Daily: Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish







Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Spring Summer 24 – Week Two

22 Apr, 13 May, 3 June, 24 June, 15 July, 5 Aug, 26 Aug, 16 Sept, 7 Oct



WEEK TWO	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Veggie Mince Bolognese & Penne Pasta Ve 	All day breakfast Sausage, scrambled egg, & Beans with Diced potatoes	Savoury mince served with Skin on Roast Potatoes & Gravy	Korean Style Sticky BBQ Chicken/ Halal Chicken & Vegetables served with Rice 	Friday Fish Fingers served with Chips & Tomato Ketchup
Jacket Potato	Jacket potato with Cheese, Beans or Tuna	Jacket potato with Cheese, Beans or Tuna	Jacket potato with Cheese, Beans or Tuna	Jacket potato with Cheese, Beans or Tuna	Jacket potato with Cheese, Beans or Tuna
Vegetables	Selection of Daily Veg sticks	Selection of Daily Veg sticks	Selection of Daily Veg sticks	Selection of Daily Veg sticks	Selection of Daily Veg sticks
Dessert	Baked Apple Sponge served with Custard 	Homemade Flapjack & fruit slice 	Freshly Baked Chocolate Cookie	Vanilla Blondie	Tutti Frutti Jelly with mandarins

Available Daily: Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish





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Spring Summer 24 – Week Three

8th Apr, 29 Apr, 20 May, 10 June, 1 July, 22 July, 12 Aug, 2 Sept, 23 Sept, 14 Oct



WEEK THREE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Home Baked Vegetarian Lasagne 	Gently Spiced Moroccan Chicken/ Halal Chicken Tagine served with Summer Vegetable Rainbow Cous Cous 	Roast Chicken served with Skin on Roast Potatoes, Yorkshire Pudding & Gravy	Farm Assured Pork Sausage Roll with wedges	Friday Fish Fingers served with Chips & Tomato Ketchup
Jacket Potato	Jacket potato with Cheese, Beans or Tuna	Jacket potato with Cheese, Beans or Tuna	Jacket potato with Cheese, Beans or Tuna	Jacket potato with Cheese, Beans or Tuna	Jacket potato with Cheese, Beans or Tuna
Vegetables	Selection of Daily Veg sticks	Selection of Daily Veg sticks	Selection of Daily Veg sticks	Selection of Daily Veg sticks	Selection of Daily Veg sticks
Dessert	Homemade short bread	Vanilla Cookie	Jelly and Mandarins (Ve)	Iced Banana traybake	chocolate Ice cream

Available Daily: , Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.