

Collective Worship Theme this half term = Loving and Caring



Attendance this week is: **Explorers: 92.9%** **Adventurers: 97.3%** **Navigators: 97.2%** (Overall: 95.2% Target is 96%)

8 Mar 2023

*First the blade, then the ear,
then the full grain.*

Gillamoor C of E Primary
School



School News and Message from the Headteacher

Happy World Book Day! It was fabulous to see the children in their costumes today for our belated World Book Day celebration. Even more wonderful, were the conversations they have had, telling their teachers and friends about their book choices through Show and Tell sessions in class.

Every year on World Book Day, children are given a £1 book voucher to exchange for a selection of books produced specially for the event. This year, The Book Tree in Pickering have sent us copies of the books, so the children had the opportunity to select their book here in school. They are also bringing home a copy of a book, The Knights of the Wobbly Table, which has been donated for each child through our Rev Paull.

Some children opted to keep their voucher, which can also be used for £1 off any book in book stores if they do not like the free book choices.

Rev Paul also joined us for the first time in school this week and as well as a little tour of the school, came to see what we do in Worship at the end of the day. We were so pleased to welcome him and look forward to seeing much more of him in future.

Mrs Elsey



**This week's winning House is:
ELM**

**Last week's winning House was:
OAK**

DATES FOR YOUR DIARY

- 12 Mar-Child Centred Consultations
- 13 Mar-Child Centred Consultations
- 11 Mar—Science Week special session
- 13 Mar-Non-uniform, chocolate donation
- 15 Mar-Y3/4 Netball, Ryedale
- 19 Mar—Egg design competition (See PTA info)
- 20 Mar-Easter Egg raffle draw
- 21 Mar-PE instead of swimming for Infants
- 22 Mar-Y5/6 Netball, Ryedale
- 22 Mar Break up
- 9 April-Pupils return to school

PLEASE BE REMINDED THAT WE ARE A NUT AWARE SCHOOL. WE KINDLY REQUEST NO NUTS OR NUT DERIVATIVES ARE BROUGHT INTO SCHOOL IN PACKED LUNCHES OR AS SNACKS. .



Reminder:

15th March - Easter Bingo - Fadmoor Village Hall - Doors open 6pm eyes down for 6.30pm. There will be a non-uniform day on Wednesday 13th March for which we would like Children to bring along a Easter Chocolate Item for wearing non-uniform.

EASTER EGG RAFFLE

Thank you to The Ryedale Lions who have kindly donated a fantastic Easter Egg for us to raffle. Tickets are £1.00 and available from School. The raffle will be drawn on Wednesday 20 March.



Conservation Unit Celebration of Learning

Following the success of our Exhibition of Learning, we have decided the theme for our next end-of unit showcase, which will be class assemblies. These will take place on Monday 22nd April as follows: 2:30pm—Navigators 2:50pm—Explorers 3:10pm—Adventurers Tea/coffee will be offered from 2:30p; please pop into the library for a drink before or after your child’s assembly performance.. Grandparents and other relatives welcome too.



Lunch Menu

Our fabulous new menu starts on the 9 April. All pupils have been given a menu and order form. Please can the order form be returned to school by Wednesday 13 March to enable Mrs Thackeray to order the correct amount of provisions.

Make a Difference for your child/grandchild’s school—Governors

Did you know that, as well as our school teaching and leadership staff, Gillamoor School relies upon a supportive group of Governors. Our Governors are volunteers who give their time to help ensure that our school is acting in the best interests of the children and their learning. After several years of generous support, our two parent Governors will be stepping down at the end of this school year. Our Governing body is now looking for new parent-Governors to join the board. They meet 5 times across the school year on a Tuesday evening and join us on occasion in school time to look closely at area such different curriculum subjects, support for children with special education needs and disabilities, focus on wellbeing, safeguarding or behavior or other areas of school life. Each person has different areas of focus, so there isn’t too much for one person alone. If you would like to know more, please speak to either Christophe Vowles, our current Chair of Governors, (CoG@gillamoor.n-yorks.sch.uk), or Mrs Elsey or Mrs Hugill in the school office.

Staff Training/meetings

Understanding Autism Training

Senior Mental Health Lead Training

School Lunches

Week beginning 11 Mar is Week Two of our menu



Online Safety is a serious subject and as teachers, we are keen to help parents understand ways they can act to keep their children safe online. Each week, I will share a link to materials from the National Online Safety organisation. This week's topic is advice on avoiding age-inappropriate content.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, where they feel it is needed. This guide focuses on one issue of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about AGE-INAPPROPRIATE CONTENT

"Inappropriate" means different things to different people. What's acceptable for one age group, for example, may be unsuitable for a slightly younger audience. Online, young people can chance upon inappropriate content in various ways – from pop-up ads to TikTok videos. The increasingly young age at which children become active in the digital world heightens the risk of them innocently running into something that they find upsetting or frightening. Trusted adults need to be able to help children be aware of what to do if they're exposed to age-inappropriate content.

WHERE IS IT FOUND?

SOCIAL MEDIA

Age-inappropriate content is easily accessible through many social media platforms. TikTok, for instance, is hugely popular with young people but is arguably best known for clips featuring sexualised dancing or profanity. Some social media users also express hate speech or promote eating disorders and self-harm, which could cause lasting damage to a child's emotional and mental health.

GAMING

Gaming is an enjoyable source of entertainment, but many popular titles can expose children to inappropriate material such as violence, horror, gambling or sexually explicit content. Playing games unsuitable for their age risks normalising to children what they are seeing. Some games also include in-game chat, where other (usually older) online players often use language that you probably wouldn't want your child to hear or repeat.

STREAMING

The range of video streaming services available online means that users can find almost anything they want to watch on demand. Children are therefore at risk of viewing TV shows and movies which contain nudity, drug and alcohol abuse, explicit language and extreme violence. Unfortunately, these streaming platforms can't always determine that it's not an adult who's watching.

ADVERTS

Online adverts frequently include age-inappropriate content: usually gambling and nudity or partial nudity, although adverts for alcohol or e-cigarettes are also common. Some search engines also feature adverts that are responsive to your search history: so if you've recently looked up a new horror movie, shopped for lingerie or ordered alcohol online, then the ads appearing on screen could reflect this the next time your child borrows your device.

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Advice for Parents & Carers

TALK IT THROUGH

Embarrassment or fear of getting into trouble can make it difficult for children to talk openly about age-inappropriate content they've watched. Remind your child they can always come to you if they're troubled by something they've seen online, without worrying about consequences. Before offering advice, discuss what they saw, how they felt and how they came to find the content in question.

CAN WE HAVE A CHAT?

CONNECT, DON'T CORRECT

If your child's been particularly distressed by exposure to content that wasn't suitable for their age, it's important to offer guidance to prevent them from repeating the same mistake – but it's equally vital to help them deal with the emotions that the situation has raised. You could tell them about any similar experiences you might have had at their age, and how you dealt with it.

BLOCK, REPORT, CONTROL

After discussing the problem, you and your child can take action together. This could include blocking any inappropriate sites and reporting any content which violates a platform's rules. To further safeguard your child online, set up parental controls on internet-enabled devices that they use. This will significantly reduce the chances of your child being exposed to age-inappropriate content in future.

GET SPECIALIST HELP

Age-inappropriate content can potentially have a negative impact on a child's mental health, which is sometimes displayed through changes in their behaviour. If the problem becomes more severe, you might consider reaching out to a mental health professional or an expert in this field who can provide you and your child with the proper support.

STAY CALM

Even though it is obviously difficult to stay rational in a situation where your child has been put at risk, it's essential to think before you react. Your child may well have hesitated to open up to you about watching inappropriate content for fear of the consequences, so being calm and supportive will reinforce the notion that it would be easy to talk to you about similar issues in the future.

Meet Our Expert

Cayley Jorgensen is a Registered Counsellor with The Health Professions Council of South Africa, and she runs a private practice offering counselling to children, teenagers and families. Her main focus is creating awareness and educating the community on the mental health pressures of today's world, as well as resources and techniques to understand and cope better.



NOS National Online Safety®
#WakeUpWednesday

Sources: <https://www.education.gov.za/documents/about/program/bulldozer/innappropriate.pdf> | <https://www.safeschools.gov.au/educators/training-professionals/profession-of-learning-program/teachers/inappropriate-content-factsheet/> | <https://www.wednesdaygoodness.co.uk/wp-content/uploads/2020/04/children-media-use-year7.pdf>

