

Primary Menu Week 1	'Green Earth Monday'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Build Your Own Taco with Veggie Chilli, Mixed Rice and a Mint yoghurt	Veggie Mince Spaghetti Bolognese & Garlic Bread	Roast Chicken with Stuffing, Gravy and Roast Potatoes	Creamy Chicken & Butternut Korma Curry & Mixed Rice	Crispy Veggie Burger with Chips & Tomato Sauce
OPTION 2			Roast Veggie Balls with Stuffing, Gravy and Roast Potatoes	Creamy Vegetable Korma Curry & Mixed Rice	
Vegetable Selection	Green Beans Sweetcorn	Broccoli Roasted Summer Vegetables	Cauliflower Seasonal Greens	Wok Bashed Vegetables Carrots/Mixed Salad	Baked Beans Garden Peas
JACKET POTATO	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese or Baked Beans	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese or Baked Beans	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese or Baked Beans	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese or Baked Beans	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese or Baked Beans
Dessert	Orange & Banana Traybake or Fresh Fruit or Yoghurt	Apple Flapjack or Fresh Fruit or Yoghurt	Tropical Crumble with Pineapple, Mandarin, Peaches & Cream or Fresh Fruit or Yoghurt	Watermelon & Pineapple Slices or Fresh Fruit or Yoghurt	Chocolate Cookie or Fresh Fruit or Yoghurt

Available Daily

**Salad Selection, Fresh Bread,
Fresh Fruit & Yoghurts**





Week Two

Gillamoor Primary School

Primary Menu Week 2	'Green Earth Monday'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Wholemeal Margherita Pizza with Herby Diced Potatoes	Chicken and Vegetable Paella	Roast Pork with Yorkshire Pudding, Roast Potatoes & Gravy	Chicken & Sweetcorn Meatball Sub with Arrabiata Sauce & Baked Wedges	Chicken Goujons with Chips and Tomato Sauce
OPTION 2			Quorn Roast with Yorkshire Pudding, Roast Potatoes & Gravy	Veggie Meatball Sub with Arrabiata Sauce & Baked Wedges	Crispy Bean & Vegetable Bake with Chips and Tomato Sauce
Vegetable Selection	Sweetcorn & Peppers Garden Peas	Green Beans Cauliflower	Carrots Savoy Cabbage	Broccoli Roasted Winter Vegetables	Baked Beans Garden Peas
JACKET POTATO	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese or Baked Beans	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese or Baked Beans	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese or Baked Beans	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese or Baked Beans	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese or Baked Beans
Dessert	Oaty Raisin Cookies with Watermelon Slice or Fresh Fruit or Yoghurt	Cinnamon Pear Upside Down Cake with Chocolate Drizzle or Fresh Fruit or Yoghurt	Jam Tart & Custard or Fresh Fruit or Yoghurt	Lemon & Blueberry Yoghurt Cake or Fresh Fruit or Yoghurt	(Hidden) Beetroot Brownie or Fresh Fruit or Yoghurt

Available Daily

Salad Selection, Fresh Bread,
Fresh Fruit & Yoghurts





Week Three

Gillamoor Primary School

Primary Menu Week 3	'Green Earth Monday'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Veggie Meatballs with a Mediterranean Tomato Sauce & Baked Potato Wedges	Autumn Vegetable & Wholewheat Tortilla 'Lasagne'	Roast Chicken with Stuffing, Gravy and Roast Potatoes	Mild Piri Piri Chicken & Lentil Bake served with mixed rice	Mozzarella & Fresh Tomato Melt with Chips & Tomato Sauce
OPTION 2			Quorn Roast with Stuffing, Gravy and Roast Potatoes	Mild Piri Piri Vegetable & Lentil Bake served with Mixed Rice	
Vegetable Selection	Mixed Vegetables Garden Salad	Green Beans Cauliflower	Wok Bashed Vegetables Carrots	Broccoli Sweetcorn	Baked Beans Garden Peas
JACKET POTATO	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese or Baked Beans	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese or Baked Beans	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese or Baked Beans	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese or Baked Beans	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese or Baked Beans
Dessert	Chocolate Shortbread with Apple Smiles or Fresh Fruit or Yoghurt	Carrot Cake Cookie or Fresh Fruit or Yoghurt	Peach Shortcake Bar & Custard or Fresh Fruit or Yoghurt	Watermelon & Pineapple Slices or Fresh Fruit or Yoghurt	Lemon & Courgette Slice or Fresh Fruit or Yoghurt

Available Daily

Salad Selection, Fresh Bread,
Fresh Fruit & Yoghurts

