





Spring Summer 24 – Week One

15 Apr, 6 May, 27 May, 17 June, 8 July, 29 July, 19 August, 9 Sept, 30 Sept, 21 Oct



| WEEK ONE | GREEN EARTH MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------------------|---|--|--|---|--|
| Main Meal Option | Wholemeal Cheese & Tomato Pizza served with Wedges  | Salmon & Tuna pasta bake with Garlic bread | Toad in the hole with Roast potatoes & Gravy | Chicken, Sweet Potato, Spinach & Chick Pea Korma (Ve) Served with Mixed Rice  | Friday Fish Fingers served with Chips & Tomato Ketchup |
| Jacket Potato | Jacket potato with Cheese, Beans or Tuna | Jacket potato with Cheese, Beans or Tuna | Jacket potato with Cheese, Beans or Tuna | Jacket potato with Cheese, Beans or Tuna | Jacket potato with Cheese, Beans or Tuna |
| Vegetables | Selection of veg sticks | Selection of veg sticks | Selection of veg sticks | Selection of veg sticks | Selection of veg sticks |
| Dessert | Marble Sponge & Custard | Chocolate cookie & Fruit Slices  | Strawberry Jelly | Flapjack & Fresh Watermelon Slice  | Chocolate Ice Cream |

Available Daily: Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Spring Summer 24 – Week Two

22 Apr, 13 May, 3 June, 24 June, 15 July, 5 Aug, 26 Aug, 16 Sept, 7 Oct



| WEEK TWO | GREEN EARTH MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------------------|---|---|--|---|--|
| Main Meal Option | Veggie Mince Bolognese & Penne Pasta Ve | All day breakfast Sausage, scrambled egg, & Beans with Diced potatoes | Savoury mince served with Skin on Roast Potatoes & Gravy | Korean Style Sticky BBQ Chicken & Vegetables served with Rice | Friday Fish Fingers served with Chips & Tomato Ketchup |
| Jacket Potato | Jacket potato with Cheese, Beans or Tuna | Jacket potato with Cheese, Beans or Tuna | Jacket potato with Cheese, Beans or Tuna | Jacket potato with Cheese, Beans or Tuna | Jacket potato with Cheese, Beans or Tuna |
| Vegetables | Selection of Daily Veg sticks | Selection of Daily Veg sticks | Selection of Daily Veg sticks | Selection of Daily Veg sticks | Selection of Daily Veg sticks |
| Dessert | Baked Apple Sponge served with Custard | Homemade Flapjack & fruit slice | Freshly Baked Chocolate Cookie | Vanilla Blondie | Tutti Frutti Jelly with mandarins |

Available Daily: Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish





Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Spring Summer 24 – Week Three

8th Apr, 29 Apr, 20 May, 10 June, 1 July, 22 July, 12 Aug, 2 Sept, 23 Sept, 14 Oct



| WEEK THREE | GREEN EARTH MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------------|--|---|---|--|--|
| Main Meal Option | Home Baked Vegetarian Lasagne  | Gently Spiced Moroccan Chicken Tagine served with Summer Vegetable Rainbow Cous Cous  | Roast Chicken served with Skin on Roast Potatoes, Yorkshire Pudding & Gravy | Farm Assured Pork Sausage Roll with wedges | Friday Fish Fingers served with Chips & Tomato Ketchup |
| Jacket Potato | Jacket potato with Cheese, Beans or Tuna | Jacket potato with Cheese, Beans or Tuna | Jacket potato with Cheese, Beans or Tuna | Jacket potato with Cheese, Beans or Tuna | Jacket potato with Cheese, Beans or Tuna |
| Vegetables | Selection of Daily Veg sticks | Selection of Daily Veg sticks | Selection of Daily Veg sticks | Selection of Daily Veg sticks | Selection of Daily Veg sticks |
| Dessert | Homemade short bread | Vanilla Cookie | Jelly and Mandarins (Ve) | Iced Banana traybake | chocolate Ice cream |

Available Daily: , Salad, Fresh Bread, Fresh Fruit & Yoghurt

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|---|---|--|---|--|---|---|
| Portion(s) of fruit or veg  | Source of wholegrain  | Contains plant-based proteins  | 50% fruit  | Oily fish  | Our desserts meet Public Health England's target for 'free sugar' intake for your child. | Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake. |
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